



**Figure Skating
Director:
Julia Rey**

The Summer 2009 Figure Skating Camp is under the direction of the Rink at Old York Road's Figure Skating Director Mrs. Julia Rey.

Julia is a triple gold medallist, 6 time U.S. National Competitor, and Eastern Sectional Champion. She was a US Team member representing the U.S. at various international competitions. When skating competitively, Julia was trained by top internationally known coaches, including the last 5 years at the University of Delaware. Mrs. Rey specializes in dance, moves in the field, power stroking/edges and choreography.

**WHAT DO
I WEAR?**



Here is a list of recommended and required articles that the students should come to all classes with:

- * Change of Clothes for off-ice activities.
- * Warm jacket, pants and hat, mat or towel
- * A pair of gloves is **REQUIRED**
- * Helmet for beginners (**REQUIRED** for all skaters ages 6 & younger, loaner helmets are available at rink)
- * Locker Rooms will be provided to change.

Private Lessons

Private instruction is available during all of The Rink at Old York Road's practice sessions and public skating sessions. Lesson times are subject to availability and should be arranged directly with the Professional. Private lesson fees are not included with any programs and are paid directly to the Professional.

Summer I: June 29-July 03
Summer II: July 20-24
Summer III: August 24-28

**Summer 2009
Figure Skating
Camp**



The Rink
Old York Road
8116 Church Road
Elkins Park, PA 19027
www.ojrsc.org

**Summer
2009 Figure
Skating
Camp**



Summer 2009

One Week Camps:

Summer I: June 29-July 03

Summer II: July 20-24

Summer III: August 24-28



**Serving the
Community
Since 1956**

(Formerly the Old York Road Skating Club)

8116 Church Rd * Elkins Park, PA 19027
At the Corner of Church Rd & Old York Rd (Rt. 611)

www.ojrsc.org

215.635.0331

'09 Figure Skating Camp



The Rink at Old York Road would like to welcome you to our Summer 2009 Figure Skating Camps. This program is a complement to our Learn to Skate program for children who want to receive more intensive figure skating training.

Our Summer Camps are a unique opportunity for students to increase competency through a program of class exercises, and a competitive team approach to improving skills. We offer substantial ice time, while recognizing the importance of fun and recreational aspects of ice skating.



The camps have been designed for both Freestyle skaters and those skaters at the US Figure Skating Basic 1 through Basic 8 levels. The Figure Skating Camp will be staffed by The Rink at Old York Road's Professional Figure Skating Staff. Lunch **WILL NOT** be provided. Campers will need to bring their own lunches.

Camp Dates & Times

Mon. thru Fri.: 9AM - 3PM

Summer I: June 29-July 03

Summer II: July 20-24

Summer III: August 24-28

Camp Fees

\$199.00

**Per one week camp*

(Register for 2 get 10% off, register for all 3 @ special price of \$150 per week)

For more information, contact Figure Skating Director, Julia Rey, at jrey@sbgmanagement.com

Level Track Description

Students enrolling in the Summer 2009 Figure Skating Camps will have the opportunity to choose one of the following three Tracks. Please choose which best suits the student:

Track 1: Basic 1 thru Basic 8

Track 1 is designed for those skaters who are currently working on Basic Skills in preparation for the freestyle level.

On-Ice Activities: The camp offers 3 hours of ice time with at least 1.5 hours on-ice instruction per day which includes stroking, forward and backward crossovers, edges, three turns, Mohawks, as well as interpretive and introduction to freestyle classes.

Off-Ice Activities: 2 hours of off-ice instruction per day includes stretching, aerobics, ballet, games, and arts and crafts.

Track 2: Freestyle

Track 2 is designed for those skaters who have passed the **Basic 8** class and are currently skating at the Freestyle level.

On-Ice Activities: The camp offers 3 hours of ice time with at least 1.5 hours on-ice instruction per day, which includes spins and jumps, moves in the field, stroking, footwork, interpretive, choreography and style classes.

Off-Ice Activities: 2 hours of off-ice instruction per day includes stretching, aerobics, strength and conditioning, ballet, games and arts and crafts.

Track 3: Competitive Freestyle

Track 3 is designed for those skaters who are in **Freestyle 6 and above** and are looking for a more competitive track. On-ice and Off-ice activities will be similar to that of Track 2.



Summer 2009 Figure Skating Camp

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Home Phone: _____

Work Phone: _____

Date of Birth: _____ Age: _____

Contact Name: _____

Email: _____

Previous Level Completed: _____

PROGRAM ENROLLMENT

- Check Session(s):** Session I; 06/29-07/03
 Session II; 07/20-07/24
 Session III; 08/24-08/28

Check One:

- Track 1: Basic 1-8
 Track 2: Freestyle
 Track 3: Competitive FS

PAYMENT & CONSENT INFO

\$199.00 due with Application (per week)

Please make checks payable to:

THE RINK AT OLD YORK ROAD

Please Circle one:

Cash Check Money Order Visa MC Amex

Credit Card #: _____ Exp Date: _____

IN CONSIDERATION OF THE PARTICIPANTS AND HIS OR HER PARENT(S) BEING PERMITTED TO REGISTER THE PARTICIPANT IN FOR THE LEARN TO SKATE PROGRAM WE DO HEREBY FOREVER RELEASE AND DISCHARGE THE RINK AT OLD YORK ROAD AND YORK ROAD RECREATION, INC., ITS OFFICERS, AGENTS, EMPLOYEES AND ANY PERSON, PARTNER-SHIP OR CORPORATION CONNECTED HEREWITH COLLECTIVELY "OYR" FROM ALL MANNER OF ACTION, INJURY, DAMAGES, COSTS, CLAIMS OR DEMANDS WHICH WE SHALL OR MAY HEREAFTER HAVE SUFFER OR RECEIVE BY REASON OF SUCH PARTICIPATION IN CLINIC. THIS RELEASE SHALL BE BINDING ON OUR HEIRS, SUCCESSORS, ASSIGNS, EXECUTORS AND ADMINISTRATORS.

Signature of Parent or Guardian

Date